

Night of 5s
AUT Millennium, Auckland
Performance List

Event 1 Women 100 Metre Prelims

Wednesday 23/03/2022 - 5:00 PM

	Name	Year	Team	Seed Time
1	Sophie ADAMS	03	Auckland City Athletics	
2	Mia BENTLEY-BUTZ	07	North Harbour Bays	
3	Nadia EVANS	04	North Harbour Bays	
4	Selena GEE	02	Owairaka	
5	Isabel NEAL	01	North Harbour Bays	
6	Symone TAFUNAI	98	North Harbour Bays	
7	Anna TUCKER	04	North Harbour Bays	
8	Talia VAN ROOYEN	06	North Harbour Bays	
9	Marielle VENIDA	05	Pakuranga	
10	Livvy WILSON	92	North Harbour Bays	

Event 2 Men 100 Metre Prelims

Wednesday 23/03/2022 - 5:15 PM

	Name	Year	Team	Seed Time
1	Bruce ALEXANDER	79	WaiBoP Masters	
2	Lewis ARTHUR	99	North Harbour Bays	
3	Jordan BOLLAND	98	Takapuna	
4	Joe BOX	06	North Harbour Bays	
5	Ethan BUSH	01	North Harbour Bays	
6	Wayne HOLROYD	76	North Harbour Bays	
7	Cayd LAMBERT	06	North Harbour Bays	
8	Mark LAMBERT	73	North Harbour Bays	
9	Micah ROGO	04	Unattached	
10	Zachary SAUNDERS	03	Pakuranga	
11	Tommy TE PUNI	02	North Harbour Bays	

Event 3 Girls 2000 Metre Under 14

Wednesday 23/03/2022 - 5:45 PM

	Name	Year	Team	Seed Time
1	Georgina COLLINGE-COKER	09	Helensville	
2	Emma DAVIES	09	Takapuna	
3	Scarlett GWIN	09	Waitakere	
4	Leah MARAIS	10	Pakuranga	
5	Hannah MCMANUS	09	Waitakere	
6	Indie WILLIAMS	09	Waitakere	

Event 4 Boys 2000 Metre Under 14

Wednesday 23/03/2022 - 6:00 PM

	Name	Year	Team	Seed Time
1	Louay BENAOU	10	Eastern	
2	Harry BORTON	09	North Harbour Bays	
3	Benjamin COLLINGE-COKER	11	Helensville	
4	Archie FELTON	10	North Harbour Bays	
5	Cyrus JESUDAS	09	Papatoetoe	

Event 5 Mixed 2000 Metre Under 16

Wednesday 23/03/2022 - 6:00 PM

	Name	Year	Team	Seed Time
1	Imogen BARLOW	W08	Pakuranga	
2	Laura HAMMOND	W08	Waitakere	
3	Emmy HURCUM	W07	North Harbour Bays	
4	Ben OXFORD	M08	Pakuranga	
5	Eleanor PUGH	W08	Athletics Tauranga	
6	Quinn WINWOOD	M08	Pt Chevalier	
7	Leo WRIGHT	M08	North Harbour Bays	

Night of 5s
AUT Millennium, Auckland
Performance List

Event 6 Women 800 Metre B Race

Wednesday 23/03/2022 - 6:15 PM

	Name	Year	Team	Seed Time
1	Kate BORTON	06	North Harbour Bays	
2	Niamh DE HORA	94	North Harbour Bays	
3	Rosaria GIBSON	05	University of Canterbury	
4	Eva HOUGHTON	08	Auckland City Athletics	
5	Samantha KORCK	04	North Harbour Bays	
6	Peyton LEIGH	03	Auckland City Athletics	
7	Zari LINDSAY	09	Auckland City Athletics	
8	Mackenzie MORGAN	04	Olympic	
9	Joanna POLAND	03	Auckland City Athletics	
10	Annabel RICHARDSON	07	Auckland City Athletics	
11	Kate ROBINSON	07	Auckland City Athletics	
12	Lucy SHENNAN	05	Auckland City Athletics	

Event 7 Men 800 Metre B Race

Wednesday 23/03/2022 - 6:20 PM

	Name	Year	Team	Seed Time
1	Zach BELLAMY	02	Cambridge	
2	Josh BROWNE	97	Papanui Toc H	
3	Thomas COWAN	05	North Harbour Bays	
4	Luke CUDBY	06	North Harbour Bays	
5	Jack ERIKSON	07	Auckland City Athletics	
6	Oliver Marchl	02	Auckland City Athletics	
7	Conall MCLEAN	07	Pt Chevalier	
8	Angus MONRO	04	Pakuranga	
9	Oscar MONRO	06	Pakuranga	
10	Quinn MOSS	08	Ellerslie	
11	Alfie STEEDMAN	07	North Harbour Bays	

Event 8 Women 800 Metre A Race

Wednesday 23/03/2022 - 6:25 PM

	Name	Year	Team	Seed Time
1	Sophie ATKINSON	01	Auckland City Athletics	
2	Bella BROWNE	03	Auckland City Athletics	
3	Jennifer HAUKE	93	Papakura	
4	Macey HILTON	03	Auckland City Athletics	
5	Esther KEOWN	92	North Harbour Bays	
6	Holly MANNING	96	Hastings	
7	Penelope SALMON	03	Auckland City Athletics	
8	Camryn SMART	01	North Harbour Bays	
9	Jessie SPEEDY	98	North Harbour Bays	
10	Rosa TWYFORD	02	University of Canterbury	
11	Kerry WHITE	94	Hamilton City Hawks	

Event 9 Men 800 Metre A Race

Wednesday 23/03/2022 - 6:30 PM

	Name	Year	Team	Seed Time
1	Sam AVERILL	99	University of Canterbury	
2	Logan COWIE	02	Papanui Toc H	
3	Michael DAWSON	97	Whippets Running Project	
4	Dominic DEVLIN	98	Auckland City Athletics	
5	James FORD	05	Takapuna	
6	James HARDING	03	Whippets Running Project	
7	Luke HITCHCOCK	03	Pakuranga	
8	Jack PAINE	01	Wellington Harriers	

Night of 5s
AUT Millennium, Auckland
Performance List

Event 9 ... (Men 800 Metre A Race)

	Name	Year	Team	Seed Time
9	Sam PETTY	91	University of Canterbury	
10	Jeremaiah ROGO	01	Takapuna	
11	Mikael STARZYNSKI	01	North Harbour Bays	
12	Benjamin WALL	01	Palmerston North	

Event 10 Women 100 Metre Para
Wednesday 23/03/2022 - 6:40 PM

	Name	Year	Team	Seed Time
1	Danielle AITCHISON	01	Hamilton City Hawks	
2	Sionann MURPHY	05	Takapuna	
3	Anna STEVEN	00	North Harbour Bays	
4	Paddy WALSH	04	North Harbour Bays	
5	Gabrielle WRIGHT	04	North Harbour Bays	

Event 11 Men 100 Metre Para
Wednesday 23/03/2022 - 6:45 PM

	Name	Year	Team	Seed Time
1	Mitch JOYNT	95	North Harbour Bays	
2	Jaden MOVOLD	04	North Harbour Bays	
3	Zachary ORBELL	04	North Harbour Bays	
4	Joe SMITH	97	North Harbour Bays	
5	Jaxon WOOLLEY	06	Athletics Tauranga	

Event 12 Women 100 Metre Masters
Wednesday 23/03/2022 - 6:50 PM

	Name	Year	Team	Seed Time
1	Lydia BUSH	74	North Harbour Bays	
2	Phillipa GREEN	68	North Harbour Bays	
3	Jill HAYMAN	61	North Harbour Bays	
4	Chris WARING	43	North Harbour Bays	

Event 13 Men 100 Metre Masters
Wednesday 23/03/2022 - 6:55 PM

	Name	Year	Team	Seed Time
1	Tony DELEIROS	47	North Harbour Bays	
2	Scott DORSET	69	North Harbour Bays	
3	Grant HODGES	65	North Harbour Bays	
4	Aaron JEFFERSON	84	North Harbour Bays	
5	Timothy TURNER	60	North Harbour Bays	
6	Andrew WEEKES	82	North Harbour Bays	
7	Tharindu WEERARATNE	78	North Harbour Bays	

Event 16 Mixed 5000 Metre Open
Wednesday 23/03/2022 - 8:00 PM

	Name	Year	Team	Seed Time
1	Christine ADAMSON	W56	North Harbour Bays	
2	Billy BOWMAN	M96	Unattached	
3	Greg BOYD	M56	North Harbour Bays	
4	Keith BURROWS	M74	Owairaka	
5	Mitch CANTLON	M75	Owairaka	
6	Malcolm CHAMBERLIN	M53	Auckland City Athletics	
7	Hazel COOK	W04	Waitakere	
8	Michael EARLY	M90	Owairaka	
9	Jasmine FINNEY	W92	North Harbour Bays	
10	Carolina GUEDES	W90	Unattached	
11	Simon HITCHCOCK	M78	Wesley	
12	Esther KEOWN	W92	North Harbour Bays	

Night of 5s
AUT Millennium, Auckland
Performance List

Event 16 ... (Mixed 5000 Metre Open)

	Name	Year	Team	Seed Time
13	Saraya LINDSAY	W97	Unattached	
14	Drew MCRAE	M63	Unattached	
15	Katherine MORGAN	W82	Auckland City Athletics	
16	Tim MORRISON	M69	Owairaka	
17	Tom PEDLAR	M88	Unattached	
18	Stella SAMPSON	W02	North Harbour Bays	
19	Tim SCHEIRLINCK	M88	Unattached	
20	Ayesha SHAFI	W88	Wellington Scottish Athletics	
21	Justin VOS	M97	Unattached	
22	Tharindu WEERARATNE	M78	North Harbour Bays	
23	Lindsay WILSON	M86	Auckland City Athletics	

Event 17 Men 5000 Metre C Race

Wednesday 23/03/2022 - 8:30 PM

	Name	Year	Team	Seed Time
1	David BAGOT	92	Owairaka	
2	Mark BOYCE	86	Takapuna	
3	Luke CAMERON	01	Hamilton City Hawks	
4	Greg DARBYSHIRE	78	Takapuna	
5	DANIEL DONEGAN	81	Whippets Running Project	
6	Joshua GILL	04	Athletics Nelson	
7	Tim HITCHCOCK	84	Wesley	
8	Seamus KELLY	01	Unattached	
9	Johan KVASNICKA	90	North Harbour Bays	
10	Zac MANNING	04	North Harbour Bays	
11	Wade MAURICE	79	Unattached	
12	Zach O'DWYER	06	Pakuranga	
13	Ian PUGH	05	Athletics Tauranga	
14	Gene RAND	74	Takapuna	
15	Ben RUSCOE	03	North Harbour Bays	
16	Sam SCHOFIELD	01	Whippets Running Project	
17	Daniel SHAW	85	Takapuna	
18	Lucas STEAD	99	Auckland City Athletics	
19	Ethan VERNER	00	Auckland City Athletics	
20	Ben WINDER	78	Owairaka	
21	Ben WOODHAM	96	Unattached	

Event 18 Men 5000 Metre B Race

Wednesday 23/03/2022 - 8:55 PM

	Name	Year	Team	Seed Time
1	Lakshay BAWA	01	Pakuranga	
2	Liam BIRD	99	Whippets Running Project	
3	Benjamin BRITTON	65	Queenstown Athletic	
4	Luke CLEMENTS	04	Whippets Running Project	
5	Fionn CULLINANE	94	Pakuranga	
6	Nick DAVIES	05	Takapuna	
7	Ben HAMILTON	99	Unattached	
8	Ben HENNESSY	03	Waihi	
9	Sam HEYES	02	Whippets Running Project	
10	Matt HILL	05	Athletics Tauranga	
11	Ronan LEE	01	Pakuranga	
12	Simon MACE	77	Owairaka	
13	Kirk MADGWICK	95	Hill City University	
14	Andre MCKAY	02	Pakuranga	
15	Jamie MORA	05	Pakuranga	

Night of 5s
AUT Millennium, Auckland
Performance List

Event 18 ... (Men 5000 Metre B Race)

	Name	Year	Team	Seed Time
16	Jaden MOVOLD	04	North Harbour Bays	
17	Thomas RICHARDS	92	Christchurch Avon	
18	Ayub SADIKAA	04	Whippets Running Project	
19	Darian SOROURI	96	Hastings	
20	Toby TASKER	04	Auckland City Athletics	
21	Benjamin WALL	01	Palmerston North	

Event 19 Women 5000 Metre Elite

Wednesday 23/03/2022 - 9:20 PM

	Name	Year	Team	Seed Time
1	Jemima ANTONIAZZI	03	Hamilton City Hawks	
2	Chloe BROWNE	03	Auckland City Athletics	
3	Olivia BURNE	91	Auckland City Athletics	
4	Maiya CHRISTINI	98	Auckland City Athletics	
5	Brigid DENNEHY	94	North Harbour Bays	
6	Karen DONALDSON-BARRON	82	Papakura	
7	Sarah DOUGLAS	84	Queenstown Athletic	
8	Natalie DRYDEN	97	University of Canterbury	
9	Amelia GREEN	04	Papakura	
10	Anneke GROGAN	96	North Harbour Bays	
11	Stella HAMMOND	05	Waitakere	
12	Poppy MARTIN	05	Lake City	
13	Laura NAGEL	92	North Harbour Bays	
14	Eva PRINGLE	01	Port Hills	
15	Sophie ROBB	06	Auckland City Athletics	
16	Jessie SPEEDY	98	North Harbour Bays	

Event 20 Men 5000 Metre Blincoe Cup

Wednesday 23/03/2022 - 9:45 PM

	Name	Year	Team	Seed Time
1	Will ANTHONY	03	Olympic	
2	Cameron AVERY	97	Christchurch Avon	
3	Ben BIDOIS	02	Hamilton City Hawks	
4	Oli CHIGNELL	98	Hill City University	
5	Ronan CODYRE	04	Pakuranga	
6	Christian DE VAAL	05	Pakuranga	
7	Christopher DRYDEN	99	University of Canterbury	
8	Russell GREEN	01	Hill City University	
9	David LEE	96	Whippets Running Project	
10	William LITTLE	99	University of Canterbury	
11	Jared MONK	96	Hill City University	
12	Julian OAKLEY	93	Athletics Tauranga	
13	Zane POWELL	03	Pakuranga	
14	Jacob PRIDDEY	96	Hill City University	
15	Samuel TANNER	00	Athletics Tauranga	
16	Matthew TAYLOR	94	North Harbour Bays	
17	Sam WALDIN	01	Whippets Running Project	
18	Hayden WILDE	97	Whakatane	

Event 51 Men Hammer

Wednesday 23/03/2022 - 4:00 PM

	Name	Year	Team	Seed Mark
1	Damien ANAE	04	Papakura	
2	Liam NGCHOK-WULF	03	Papakura	
3	Anthony NOBILO	99	North Harbour Bays	

Night of 5s
AUT Millennium, Auckland
Performance List

Event 52 Women Hammer

Wednesday 23/03/2022 - 4:00 PM

	Name	Year	Team	Seed Mark
1	Nicole BRADLEY	92	North Harbour Bays	
2	Nadja KUMERICH	05	North Harbour Bays	
3	Lexi MAPLES	99	Athletics Wanganui	
4	Julia RATCLIFFE	93	Hamilton City Hawks	
5	Jamane SAIMOA	04	Papakura	
6	Jasmine SAIMOA	04	Papakura	

Event 53 Men High Jump

Wednesday 23/03/2022 - 4:00 PM

	Name	Year	Team	Seed Mark
1	Rafe COULLAULT	03	Papakura	
2	Josh INGER	01	North Harbour Bays	
3	Thomas MOLONEY	01	Auckland City Athletics	
4	Jayden WILLIAMSON	03	North Harbour Bays	

Event 54 Women High Jump

Wednesday 23/03/2022 - 4:00 PM

	Name	Year	Team	Seed Mark
1	Amelia DE LAUTOUR	04	Papakura	
2	Alexandra HYLAND	99	Auckland City Athletics	
3	Evie MACLENNAN	05	Papakura	
4	Keeley O'HAGAN	94	Christchurch Old Boys	

Event 55 Men Pole Vault SH 4.00m

Wednesday 23/03/2022 - 4:00 PM

	Name	Year	Team	Seed Mark
1	Charlie CAMERON	03	Christs College Athletic	
2	Ettiene DU PREEZ	90	North Harbour Bays	
3	Jools PETERS	90	North Harbour Bays	
4	Nicholas SOUTHGATE	94	North Harbour Bays	
5	James STEYN	99	North Harbour Bays	
6	Ruben VOGEL	04	North Harbour Bays	

Event 56 Men Discus

Wednesday 23/03/2022 - 5:45 PM

	Name	Year	Team	Seed Mark
1	Connor BELL	01	North Harbour Bays	
2	Troy MAKA	08	Western Elite Throws Academy	
3	Liam NGCHOK-WULF	03	Papakura	
4	Blessing SEFO	05	Waitakere	

Event 57 Women Discus

Wednesday 23/03/2022 - 5:45 PM

	Name	Year	Team	Seed Mark
1	Tatiana KAUMOANA	00	Te Aroha Athletics Club	
2	TeRina KEENAN	90	Waitakere	
3	Karmen-Elizabeth MARITZ	08	North Harbour Bays	
4	Sionann MURPHY	05	Takapuna	
5	Natalia RANKIN-CHI TAR	04	Papatoetoe	
6	Savannah SCHEEN	01	North Harbour Bays	

Event 58 Women Pole Vault SH 3.40m

Wednesday 23/03/2022 - 6:00 PM

	Name	Year	Team	Seed Mark
1	Hannah ADYE	03	North Harbour Bays	
2	Imogen AYRIS	00	Takapuna	

Night of 5s
AUT Millennium, Auckland
Performance List

Event 58 ... (Women Pole Vault SH 3.40m)

	Name	Year	Team	Seed Mark
3	Alisha LOVRICH	93	North Harbour Bays	
4	Eliza MEEKINGS	02	Papanui Toc H	
5	Isabella MURRELL	98	North Harbour Bays	
6	Aria RHODES	02	North Harbour Bays	